# The Retreat Beauty Salon



# TREATMENT INFORMATION & PRICE LIST

89 Newry Street Banbridge Co. Down BT32 3EF

# Phone : (028) 406 62552

24 Hour Answer Phone

#### **Opening Hours:**

Tuesday:	9.30 a.m – 6.00 pm
Wednesday:	9.30 a.m – 6.00 pm
Thursday:	9.30 a.m – 7.00 pm
Friday:	9.30 a.m – 6.00 pm
Saturday:	9.00 a.m – 4.00 pm

# **Guinot Facials**

With nearly 60 years' experience Guinot have developed the best in skincare treatments and products. With a range of facials to suit all ages and skin types your therapist will be able guide you to the right treatment for your needs and to deliver results. All facials can be tailored for men or women.

#### Hydradermie<sup>2</sup> Facial

The Guinot Hydradermie<sup>2</sup> facial is the most advanced beauty salon treatment for maintaining a balanced healthy complexion. It deepcleanses, oxygenates and regenerates the skin. Regular Hydradermie<sup>2</sup> treatments offer immediate and lasting results: they improve hydration in dry skin, reduce sebum levels in oily skin, and reduce average wrinkle depth in lined skin. Hydradermie<sup>2</sup> now achieves double ionisation with double the results. The facial uses the Hydraderm machine (unique to Guinot), manual massage and bespoke plant-based extracts to restore the skin's natural beauty. The skin is cleansed and gently exfoliated, the beauty therapist applies the carefully selected gels and uses mild galvanic current to help the active ingredients penetrate deep into the skin to remove impurities and toxins. High frequency action is then used to oxygenate and boost cells before a massage and a customised mask. Moisturiser for the eve contour, face and neck concludes the treatment.

Time 1 Hour 15 Mins

£60.00

#### Hydradermie<sup>2</sup> Age Logic Facial

The Hydradermie<sup>2</sup> Age Logic Plus is the ultimate facial with added firming and toning serums to revitalise the skin. This three in one treatment will help diminish specific ageing problems associated with the face, delicate eye and neck and decollete areas, using our 'Platinum' Age Logic Gel for immediate firming results. It includes cleansing, exfoliating, galvanic, extractions, high frequency, massage, mask and moisturiser.

Time 1 Hour 30 Mins

#### Hydradermie<sup>2</sup> Lift Facial

The Ultimate lifting treatment. An immediate lift effect treatment by means of facial muscle stimulation. Non-surgical Lifting treatment using a Stimulation current to give the facial muscles a workout. Restoring volume and tone. This specialised anti-ageing treatment gives immediate and long-lasting visible results that improve the skin's appearance. Designed for skin that shows a loss of elasticity, it treats both the skin and delicate facial muscles for an immediate 'lift' and overall boost in radiance. Hydradermie<sup>2</sup> Lift uses lymph drainage and a safe effective microcurrent to eliminate toxins and fluid retention, improve skin tone and work on the underlying muscle structure to 'lift' and firm the face, eye area and neck. Hydradermie<sup>2</sup> Lift is suitable for all skin types (30+). For long term results, a course of 6 is recommended, 2 per week, with one maintenance per month.

Time 1 Hour

£62.00

#### Hydradermie Lift<sup>2</sup> - Course of Six

Book a course of treatments, two facials per week for three weeks. Six facials for the price of five. Price £310.00

#### Hydradermie<sup>2</sup> Lift Deluxe Facial

The ultimate lifting, anti-ageing treatment with superior results. This fabulous Guinot Hydradermie<sup>2</sup> Lift Deluxe facial combines the Hydradermie Age Logic and the Hydradermie Lift. Experience an immediate lifting treatment through the stimulation of the muscles lifting the face neck & eyes as well as the added firming & toning from the Hydradermie Age Logic. You can combat the signs of ageing with this rejuvenating facial which revitalises the skin and reduces wrinkle depth. You will experience a natural temporary facelift effect as muscles are stimulated and tightened.

Time 1 Hour 45 Mins

£90.00

#### Lift Summum Facial

Smooths the Skin, Re-shapes the face contour and Firms the décolleté. Lift Summum treatment is an innovative NEW firming facial with instant results across all areas of concern: face, neck and décolleté. The treatment involves a unique combination of lifting manoeuvres suited to each of these areas, a wrinkle eraser and a specific face and décolleté mask. Lift Summum is proven to provide instant definition and a long-lasting lifting effect from the first treatment. An exclusive global firming treatment that immediately reduces signs of fatigue and ageing, focusing on the face, neck and décolleté. The unique stimulating massage visibly lifts and firms while the active ingredients Collagen XVIII helps improve elasticity. The Anti-Wrinkle Eraser diminishes the appearance of wrinkles, whilst the unique specific face and décolleté masks restore a youthful appearance. On average, a 47% increase in skin firmness was observed after only one treatment, rising to 55.3% after three Skin elasticity also increased by 40.5% after one treatments. treatment, rising to 48.4% after three treatments.

Time 1 Hour

£70.00

#### Eye Logic

Eye Logic is a three-stage treatment for the eye contour, targeting signs of fatigue, ageing & puffiness by combining an expert synergy of machine innovation, a bespoke massage & a specially designed eye mask. A special eye serum gel with ionisation helps drain puffiness from around the eyes, decongests dark circles, smoothes away wrinkles & frown lines. An eye contour massage tones the skin, lifts the eye contour, stimulates tissue drainage & increases circulation to reduce puffiness and to help brighten the eye area. An eye mask releases rejuvenating active ingredients deep into the cells where wrinkles & fine lines are smoothed, puffiness, shadows & bags are reduced for a more energised & youthful appearance & an instant lifting & firming effect are created.

Time 40 Mins

£48.00

# **Clarins Signature Facial Treatments**

Now more effective than ever with new techniques that come from 70 years of expertise and knowledge of the skin. Signature Facials deliver immediate rejuvenating and well-being results which last.

Choose from 5 Signature Facials, available in 1 Hour 20 Mins or 1 Hour 40 Mins.

1 Hour 40 Minute appointments include a choice of either a 20 Minute back massage or a 20 Minute scalp and foot massage.

Clarins Signature Facial£60.00Clarins Signature Facial with the addition of either a back massage or<br/>scalp & foot massage.£75.00

#### Lifting Replenisher Signature Facial

A luxuriously replenishing treatment that brings radiance to mature skin.

#### **Power Firmer Signature Facial**

An intensive firming treatment that visibly diminishes the look of wrinkles.

#### **Radiance Reviver Signature Facial**

A revitalising treatment to smooth first wrinkles and protect skin.

#### **Moisture Quencher Signature Facial**

Helps restore comfort, softness and moisture to dry, dehydrated skin.

#### **Skin Soother Signature Facial**

A calming treatment to soothe and comfort sensitised skin.

# Back Cleansing

#### **Back Steam**

For blemishes on the back, full cleanse and exfoliation, extraction and mask.

Time 45 Mins

£40.00

### Microdermabrasion Facial

No chemicals are used in this procedure. It's appropriate for most skin types because it is non-invasive and can effectively reduce or eliminate wrinkles, acne and age spots. In this treatment, dead skin cells are exfoliated and vacuumed off the face with a machine that uses tips covered in tiny diamonds. The diamond tips-together with the strong suction-make it possible to exfoliate the skin more thoroughly than other procedures. With the flexibility of using different suction levels, it also increases blood flow to the skin, and that in turn helps to produce collagen. It will also aid uneven skin tone and help botchy pigmentation, dull skin tone and age spots. The facial will help with skin congestion and help post acne scarring, blackheads and enlarged pores. If you're looking for fast, reliable treatment for skin issues like wrinkles, fine lines, acne scars, or uneven skin tone, you might consider getting this procedure.

Time 1 Hour

Face with neck area included	Face	with	neck	area	included
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### Facials

#### Steam Facial

Using Guinot or Clarins products. This facial includes cleanse, tone, exfoliation, steam, blackhead removal, finishing with a relaxing shoulder, neck & facial massage, then mask and moisturise. Time 1 Hour £40.00

#### **Rejuvenating Facial**

Face is deep cleansed, then exfoliated to remove dry dead skin cells and toned clean. Followed by a relaxing face, neck & shoulder massage. Finishing with mask and moisturise. £33.00

Time 1 Hour

#### **Teenage Facial**

Perfect for teenagers, cleanse, exfoliate, steam, blackhead removal, mask and moisturise. £27.00

Time 45 Mins

#### **Express Facial**

Quick Booster for the face. Face is cleansed, exfoliated and toned. Facial mask & eye mask applied, finishing with moisturiser & eye cream.

Time 30 Mins

 $f_{25.00}$ 

£50.00 £55.00

# Hopi Ear Candles

The ear candles have a purely physical function. A light suction (chimney effect) and the movement of the flame create a vibration of air in the ear candle, generating a massage-like effect on the eardrum. This includes a pleasant feeling of warmth and balances the pressure in the ears, forehead and sinuses. It is soothing and helpful for earache, headache, ear noise, stress and nervousness.

Time 45 Mins

£35.00

#### Swedish Massage

Swedish Massage uses a variety of stroking, kneading, pressure and flowing movements to relieve muscle tension and to relax the body & mind.

Full Body MassageTime 1 Hour£55.00Back Scrub & Back Neck & Shoulder MassageTime 45 Mins£40.00Back, Neck, Shoulder and Face MassageTime 30 Mins£33.00Back, Neck and Shoulder MassageTime 30 Mins£30.00Deep Tension Back MassageTime 25 Mins£25.00

# Stress Buster

Foot soak & massage, Back, neck and shoulder massage and pressure point scalp massage.

Time 1 Hour

£55.00

# <u>Massage</u>

#### Hot Stone Massage

Hot stone massage is a speciality massage where the therapist uses smooth, heated basalt stones as an extension of their own hands and by placing them on the body while they massage other parts of the body. The heat of the stones penetrates deep into the muscle tissue allowing the muscles to relax 4-5 times quicker than in a standard body massage, easing muscle tension and revitalizing the muscle tissue by increasing blood circulation. Hot stone massage is a deeply soothing, relaxing form of massage.

Full Body Hot Stone Massage	Time 1Hour 15 Mins	£65.00
Back, Neck & Shoulder Hot Stor	ne Massage Time 40 Mins	£40.00

#### Reflexology

Reflexology is a natural complementary therapy designed to bring your body and mind back into balance. It works on the principle that the body's organs and systems can be mapped out on the feet and by stimulating specific points on the feet the whole body can be treated.

Time 45 Mins

£39.00

#### Indian Head Massage

Indian Head Massage is a natural, complementary therapy derived from an ancient Indian daily ritual. It is particularly effective in the treatment of: sinus problems, headaches and migraines, neck & shoulder pain, poor circulation, stress, anxiety, depression, fatigue, hair and scalp conditions and tension. The treatment can be carried out on a chair or treatment couch. Treatment area involves the upper back, shoulders, upper arms, neck, scalp and pressure points on the face.

Time 30 Mins

£37.00

# Mens Treatments

#### **Mens Facial**

A facial suitable for all skin types using the Clarins Men's range. Includes: Cleanse, exfoliation, steam, blackhead removal, face neck and shoulder massage, mask and moisturise. Ideally Men should shave just before facial.

Time 1 Hour

£40.00

#### **Mens Manicure**

Includes nail tidy, buff, cuticles, exfoliation. Hand and arm massage. Time 30 Mins £16.00

#### **Mens Pedicure**

Includes foot soak, removal of any hard skin, nail tidy. Foot and lower leg massage. Time 40 Mins £20.00

Mens Deep Tension Back Massage	
Time 25 Mins	£25.00
Mens Back, Neck and Shoulder Massage	
Time 30 Mins	£30.00
Mens Hot Stone Back, Neck and Shoulder Massag	je
Time 40 Mins	£40.00
Indian Head Massage	
Time 30 Mins	£37.00
Reflexology	
Time 45 Mins	£39.00

### Mens Waxing

Back Wax	(With shoulders $=$ £26)	£22.00
Chest Wax	(With shoulders = $\pounds 26$ )	£22.00
Back & Chest	(With shoulders $=$ £46)	£42.00
Eyebrow Wax		£7.00
Waxing of Middle	of Eyebrows	£3.00

# Make-up Application

Have your make-up professionally applied, to ensure you look your best for that special occasion.

Clarins Make-up application	£23.50
Make-up application & strip lashes	£28.50
Make-up application & clients own strip lashes	£26.50
Makeup lesson	£40.00

### Hand Treatments

#### **Deluxe Manicure**

Softens, nourishes and treats the nail, hands and arms. Includes heated mitts to add warmth that also encourages the absorption of essential vitamins and minerals. Excellent for stiff joints and dry hands Time 1 Hour £25.00

(French Paint Additional £2.00)

#### **Full Manicure**

This includes file, buff, cuticle treatment, hand and arm massage and nail paint. £20.00

Time 45 Mins

(French Paint Additional £2.00)

#### Mini Manicure

This includes file, buff and nail paint. Time 20 Mins

£14.00 (French Paint Additional  $\pounds 2.00$ )

# Nail File and Paint

Time 15 Mins

£10.00 (French Paint Additional £2.00)

#### **Express Party Nails**

False nails applied, for that special occasion. Temporary nails that Can be filed, shaped and painted as will last from 1-3 weeks. required. Time 30 Mins  $f_{25.00}$ 

(French Paint Additional £2.00)

# **Bio Sculpture Gel Nails**

Bio Sculpture Gel is applied as an overlay onto natural nails by a qualified nail technician. The permanent colour gel is strong and flexible, with a glossy finish, lasting for two to three weeks. Bio Sculpture Gel is an advanced nail treatment that strengthens and conditions nails. The flexible coating moves with the nails, protecting them, whilst allowing them to grow without breaking.

Gel Nail Colour Extensions	£38.00
Gel Nail French Extensions	£40.00
Colour Gel Overlays	£25.00
French Gel Overlays	£27.00
Colour Gel infills	£25.00
French Gel infills	£27.00
Soak Off with application of strengthener	£16.00
Soak Off with reapplication of gels	£37.00
Natural nail repair (for any cracked nails)	£4.00

# Ear Piercing

All earrings are non-allergenic, sterilised and packed in disposable cassettes for complete safety. After-care leaflet, and Aftercare lotion is provided with each piercing. Under 16's need to be accompanied by an adult.

2 Ears - includes earrings & aftercare	£30.00
1 Ear - includes earring & aftercare	£15.00
Cartilage includes earring & aftercare	£30.00
Earrings	£15.00
After care Solution	£2.00

### Foot Treatments

Please bring along open toed sandals or flip-flops.

#### **Toe Paint**

File, and paint. Time 15 Mins

£12.00

#### **Mini Pedicure**

File, buff, and paint. Time 20 Mins

£16.00 (French Paint Additional £2.00)

#### **Full Pedicure**

Foot soak, hard skin removed, nails shaped, buffed, trimmed, cuticles treated, foot and leg massage and paint. Time 1 Hour £27.00

£27.00 (French Paint Additional £2.00)

#### **Deluxe Full Pedicure**

Foot soak, hard skin removed, nails trimmed, buffed, cuticles tidied, foot & leg massage, followed by heated booties, which will help to improve skin texture, stiff aching joints & improve circulation. Nails polished.

Time 1 Hour 20 Mins

£30.00 (French Paint Additional £2.00)

#### **Footlogix Full Pedicure**

Feet soaked, and exfoliated using Footlogix exfoliating seaweed scrub. Footlogix callus softener is applied and hard skin removed, nails shaped, buffed, and cuticles tidied. Foot & lower leg massage using Footlogix dry skin formula mousse along with Footlogix massage formula lotion, and then finally the nails are polished. Time 1 Hour £32.00

(French Paint Additional £2.00)

Gel Toes Colour	£25.00
Gel Toes French	£27.00
Pedicure with Gel Colour	£50.00
Pedicure with French Gel	£52.00

### **Waxing**

All waxing is carried out using Tea-Tree wax and disposable spatulas.

Full leg & Bikini line	£32.00
Full leg wax	£25.00
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Half leg	£16.50
Half leg & back of thighs	£22.00
Thigh wax	£16.50
Bikini line	£13.00
Arm wax	£13.00
Under arm	£10.00
Abdomen wax	from £6.00
Toe wax	£2.00
Eyebrow, lip and chin	£18.00
Eyebrow wax	£7.00
Middle of eyebrow wax	£3.00
Chin wax	£6.00
Lip wax	£6.00
Lip and Chin	£11.00

# Advanced Bikini Line Waxing

Disposable underwear is provided.	
Californian (High bikini Line Wax)	£16.00
Holywood bikini Wax (Landing Strip)	£22.00
Brazilian bikini wax (All Gone)	from £32.00

# **Spray Tanning**

Exfoliate body before tanning and use NO products on skin eg. Body lotion, deodorant, make-up etc. Wax or shave at least 24 hours before tanning. Wear loose dark clothing. Needs to be kept dry for 8-12 hours. No dishes, No washing, No water. Recommended overnight before showering. Lasts from 4-7 days.

Full Body Tan	£28.00
Half Body Tan	£14.00

# **Electrolysis**

Apilus electrolysis - the gentle way to 100% permanent hair removal. It offers a modern approach to a tried and tested method that is over 100 years old. Thanks to its powerful circuits entirely controlled by computer, Apilus offers electrologists pinpoint precision and perfect settings to guarantee the results you seek. All treatments include disposable needles.

Minimum Charge from £7.00

£1 per minute thereafter

# Advanced Electrolysis Treatment

Advanced Electrolysis can remove blemishes such as red veins, broken capillaries, milia (white spots), skin tags and blood spots on the skins surface without leaving a scar. Advanced Electrolysis uses small current of electricity to cauterize the problem area on the skin.

#### **Broken Capillary Treatment**

Based on a similar method as electrolysis, this treatment is very successful in removing fine capillaries and red spots on the face. Includes consultation, needle and aftercare lotion.

From £30.00

#### Skin Tag Removal

The removal of small stalk shaped tags of loose fibrous tissue, most commonly found on neck and underarms.

From £30.00

#### White Head Removal – Milia

Small hard lumps, usually found on the upper cheeks and around the eye area including consultation, needle and aftercare.

From £30.00

# 3d Browz

3d Browz is a high-precision procedure that transforms even the most over plucked, mis-shaped or over waxed brow into its perfect shape, dramatically enhancing your facial features.

Based on the ancient art of 'threading', our numerous steps procedure includes different depilation techniques to create the perfect sculptured brow. We use several different techniques to achieve the final results. This isn't just shaping & tidying–3D Browz is eyebrow artistry.

3d Browz

£27.00

# Eye Treatments

Please note that a patch test is required 24 hours prior to any eye treatment if it is longer than 6 months from the last eye treatment and first-time customers to The Retreat Beauty Salon. No mascara to be worn prior to eyelash treatment.

### **Tinting**

Tinting enhances the appearance of your eyes or eyebrows and is particularly beneficial for people who have lighter lashes and eyebrows and want darker natural eyelashes and brows without the aid of applying mascara or eyebrow pencils daily. Unlike mascara the effect is very natural. Tinting adds definition to the face shape. Tinting involves carefully dying the lashes or brows with safe, natural tints, to give them a natural, luscious, darker appearance. Different eyelash and eyebrow tint colours are available so we can complement your skin and hair colouring perfectly.

Eyelash tint	£10.50
Eyebrow tint	£7.00
Eyelash tint, eyebrow tint & eyebrow wax	£23.00

# Eyelash Lift

Eyelash lift = Bigger, Brighter Eyes. The eyelash lift completely transforms your own natural eyelashes by making your lashes lift up, without the hassle of using mascara or lash curlers. Enhancing the lashes will give the eyes definition and shape. Lasting for up to 3 months. This is a semi-permanent method of lifting your eyelashes. A great alternative to false lashes or eyelash extensions. Regardless of how sparse, short or long your eyelashes are, if they don't naturally sweep upwards then they're highly likely to look shorter than they really are. Lifting straight eyelashes to encourage a gentle curl will give them instant length and create the illusion of bigger, brighter eyes. Benefits of eyelash lift are no need for lash curlers, gives definition and opens up the eyes, no more messy mascaras. Ideal for allergy sufferers, great for contact wearers, spectacle wearers and those with active lifestyles.

Time 1 Hour

# **GIFT VOUCHERS**

We are pleased to offer Gift Vouchers to a value of your choice or for a specific treatment.

A suitable gift for every occasion					
Birthdays		hank vou	Mother's Day		Christmas
Valentine				nniversaries	

# CANCELLATION POLICY

We reserved our time exclusively for you. Therefore a 24 hour cancellation notice is required, or 50% of the full charge will be made.

All our treatments are confidential and include Client Consultation and advice given by qualified Beauty therapists.

www.retreatbeauty.co.uk